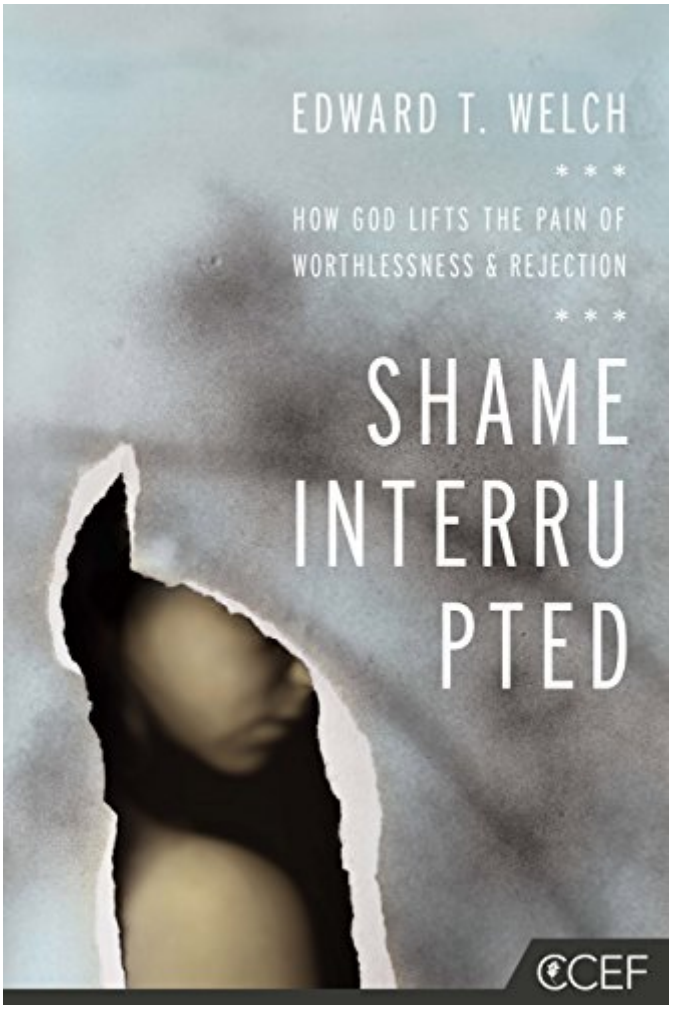
Ebook Directory
the best source of ebook

The book was found

Shame Interrupted: How God Lifts The Pain Of Worthlessness And Rejection



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

No More HidingShame controls far too many of us. Worthless, inferior, rejected, weak, humiliated, failure...it all adds up to wishing we could get away from others and hide. We know what shame feels like. The way out, however, is harder to find. Time doesn't help, neither does confession, because shame is just as often from what others do to you as it is from what you have done. But the Bible is about shame from start to finish, and, if we are willing, God's beautiful words break through.Look at Jesus through the lens of shame and see how the marginalized and worthless are his favorites and become his people. God cares for the shamed. Through Jesus you are covered, adopted, cleansed, and healed.--Edward T. Welch, MDiv, PhD, is a licensed psychologist and faculty member at the Christian Counseling & Educational Foundation (CCEF). He has counseled for over twenty-five years and has written many books including When People Are Big and God Is Small; Addictions: A Banquet in the Grave; Depression: A Stubborn Darkness; Crossroads: A Step-by-Step Guide Away from Addiction; Running Scared: Fear, Worry, and the God of Rest; and When I Am Afraid: A Step-by-Step Guide Away from Fear and Anxiety.

Book Information

File Size: 1199 KB

Print Length: 332 pages

Publisher: New Growth Press (April 30, 2012)

Publication Date: April 30, 2012

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B00F5KX7AU

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #31,047 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #9 inÃ Â Kindle Store > Kindle eBooks > Religion & Spirituality > Christian Books & Bibles > Ministry & Evangelism > Counseling & Recovery #11 inÃ Â Kindle Store > Kindle eBooks > Religion & Spirituality > Christian Books & Bibles > Christian Living > Social Issues #20 inÃ Â Kindle Store >

Kindle eBooks > Religion & Spirituality > Christian Books & Bibles > Christian Living > Dating & Relationships

Customer Reviews

I've read almost all of Brene Brown's books about shame and enjoyed them greatly. However, as illuminating as they were, I always thought they didn't tell the whole story about shame. Shame showed up immediately after sin in the garden of Eden. It isn't a modern discovery, it is a core part of our existence. So her books were like reading about a disease that I realized I suffered from. Shame is like emotional fibromyalgia--- everywhere I went and everything I did, there was the ache of its emotional reality inside me. However, it was a diagnosis the offered no real cure. It just told you how to live with the disease.Ed Welch's book offers THE CURE. It is through Christ that our sin is washed away and also our shame. For the first time I see what that truly means and can really grip it. To understand that Christ's walk to the cross was the vanquishing of my shame has illuminated a freedom that I have never known before. It is nothing short of miraculous. Indeed, I feel like the woman in the Gospels who was living her life with a crippled back that was bent over and Christ has healed me and empowered me to finally stand up straight pain free.I highly recommend everyone read this book but particularly those who are victims of sexual abuse. Shame from that abuse is exceptionally pervasive. It coats every aspect of your life in its creeping black mold--or possibly more accurately, emotional leprosy. I finally understand how Jesus came particularly to heal the outcast leper so they can be clean--meaning they can enjoy relationship with other people. But way beyond that, He makes us holy--able to belong to God and enjoy relationship with Him. He doesn't just remove our shame, He delights in us. He honors us with the ring on the finger, royal robe and killing the fatted calf for us. He rejoices over us. The God who knows every square inch of us rejoices over us. Friends, there's no greater joy than that.

Shame is not one of those topics discussed in Christian circles and maybe it should be. As the title suggests, Jesus interuupts shame that all people have wether one acknowledges it or not, it comes out in different ways. I think that is what surprised me the most in this study, that shame is a battle that is very much alive and affects all areas of our life. Do not misunderstand, this is not a book on better living, but one that describes our shame and the affects and that Jesus himself fought our shame with shame. The only difference is his shame was not warranted and our shame is the affect of sin starting in the Garden of Eden and all thru the scriptures. The study helps you dig thru your shame but also gives you hope. I also liked that this is not about the victim but about the victorous. I

don’t need another woe is me, I am the victim in this world. What we need is Jesus and the need we have for him.Some of the highlights are One thing about shame, it accumulates lies and the lies are usually about the goodness of God and his character. Shame connects to three human experiences. You feel like an outcast. You don’t belong and you feel naked. It attacks our vulnerability. As CS Lewis penned is our vulnerablity is what breaks down the walls for us to love and most important to receive love. One of my favorite verses is This is love that God love us first. However, many of us fight that vulnerability to even let God in and that is where faith is rooted in. Shame also can undermine any possible success. If you find yourself sabatoging areas in your life, you may be struggling with shame and not even know it. I think this is what reasonated with me. Well worth the read.

I felt dirty when I read this book. And then I felt cleansed. Ed Welch takes readers into the disgusting depths of the experience of shame and then brings them up and out of it via the ever-startling story of the gospel of Jesus Christ--who was shamed for our sake.Ã Â Shame Interrupted: How God Lifts the Pain of Worthlessness and RejectionÃ Â is the only book of its kind and is worth reading for your own soul and for ministering to anyone who knows the horror of shame. I’ve already ordered two copies to give away. So many struggle from this without knowing what it is or what the gospel says about it. Hooray! Another gift to the church.

Download to continue reading...

Shame Interrupted: How God Lifts the Pain of Worthlessness and Rejection Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) What Lifts You: Uplifting Designs to Color & Create Love on the Lifts (Follow Your Heart) What Lifts Your Heart: Uplifting Designs to Color & Create Released from Shame: Moving Beyond the Pain of the Past Scoliosis Prevention and Treatment: The Ultimate Guide to Health, Fitness, Dieting, Recovery and Growth: osteopathy, alternative medicine, yoga, contemporary ... Back Pain, Pain Relief, Pain Management,) MARIJUANA: Guide To Illness And Pain Management (Medical Marijuana, Pain Management, Cannabis, Epilepsy, Cancer Treatment, Chronic Pain) Classification of Chronic Pain: Descriptions of Chronic Pain Syndromes and Definitions of Pain Terms Fixing You: Hip & Knee Pain: Self-treatment for IT band friction, arthritis, groin pain, bursitis, knee pain, PFS, AKPS, and other diagnoses Foot

Pain: Ingrown Toenail: How To Become Stress Free And Easily Cure This Nasty Nail Disease Today From The Comfort Of Your Own Home (Foot Pain, Foot Problems, Foot Pain Relief, Foot Reflexology) TMJ Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ) Knee Pain: Treatment for beginners - 2nd EDITION UPDATED & EXPANDED - Knee Pain Relief, Cure and Exercises to overcome your knee problems (Knee Problems - Knee Pain Cure - Knee Hurt Book 1) Pain by The Authors of Pain: The debut poetry collection from WWE tag team and literary powerhouse The Authors of Pain. 10 KEYS TO UNLOCKING HAND PAIN: Increase blood flow to ease pain & regain your strength, power & flexibility in 5 minutes a day (10 Keys to Unlocking Pain Book 2) Destroying the Spirit of Rejection: Receive Love and Acceptance and Find Healing Emotional First Aid: Healing Rejection, Guilt, Failure, and Other Everyday Hurts Conscience of a Conservative: A Rejection of Destructive Politics and a Return to Principle

Contact Us

DMCA

Privacy

FAQ & Help